Protect your little ones and the rest of your family this winter.

11,000 PEOPLE ARE KILLED BY FLU EACH YEAR AND THOUSANDS END UP IN HOSPITAL



kidsfluvaccinegm.co.uk

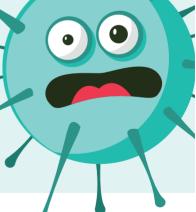












Flu can be really unpleasant for little ones, and in some cases, serious. Children are also super spreaders, meaning they could easily pass it on to the rest of the family too.

The best way to protect you all this winter is with a vaccination for your 2 or 3-year-old, by nasal spray, or injection if required. If you have any concerns, talk to your GP.



FLU FACTS

- The main flu vaccination for children is with a no needle nasal spray. It tickles a bit and definitely doesn't hurt!
- There are a few mild side effects - most commonly is a runny nose for a few days after the vaccination.
- For those who would rather not have the nasal spray due to small traces of porcine gelatine present, the vaccine is also available as an injection.
- Children with flu have the same symptoms as adults - but if complications develop they're much more likely to end up in hospital.
 - Kids spread flu fast they're not great at using tissues or washing their hands, so it can easily spead to the rest

